Incomplete Implant Insertion Due to the Use of A Non-dynamometric Torque Wrench: A Case Report

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ABSTRACT
A case is reported in which the use of a non-dynamometric torque wrench could be the cause of incomplete implant insertion. A woman, 73-year-old, visited the dentist in March 2021 for oral rehabilitation due to the absence of teeth in the left mandibular area. A Galimplant IPX 4.5 x 8 implant (internal hex connection) (Sarria, Spain) was placed in position 36. Bone drilling was performed correctly in width and depth, however, insertion of the implant was difficult due to the hardness of the cortical bone. New drillings were made in the bone with insertion and removal of the implant on three occasions. On the third occasion, the implant was threaded to a depth of 7 mm. At that time, the thread that the implant had carved in the bone had been lost and the implant did not advance until 8 mm in depth, nor could it go back to remove it and continue drilling the bone. We estimate that a dynamometric torque wrench should have been used during implant insertion, to provide adequate torque and not cause the loss of the thread that the implant had carved into the bone. The use of a non-dynamometric torque wrench does not allow a precise insertion torque. If excessive torque is applied, the thread carved by the implant in the bone can be lost and this finally causes an incomplete insertion of the same.

Keywords: non-dynamometric torque wrench; dynamometric torque wrench; implant; complication.

INTRODUCTION
Implant insertion success differs from site to site and patient to patient, but depends on the material, biocompatibility, implant design, patient factors, tissue health, bone quality and quantity, issues of the procedure such as insertion torque, load moment, duration of healing, biomechanical load and prosthetic design [1,2].

The force used to insert a dental implant is called the “insertion torque” and is expressed in Ncm (Newton centimeter). Factors that affect the insertion torque are bone density and hardness, the use of insufficiently sized drills, and the design of the conical implant. Torque is directly proportional to bone density (type D-1 bone is the highest and type D-4 is the lowest) [2]. Some authors point out that there is no established minimum torque to be used to achieve the primary stability of the implant. Forces > = 30 Ncm are usually used. If an increased torque is used (> = 50 Ncm) there is more stability, which reduces micromovement and this facilitates osseointegration without damaging the bone. The healing process is similar if the insertion torque is high or low [3]. It has been pointed out that there is no significant difference between implants inserted with high (> 25-176 Ncm) or low (<30-35Ncm) insertion torque values concerning the marginal bone resorption [4]. When implants with torque <10Ncm and 30Ncm were compared, greater osseointegration was seen in implants with a torque of 30Ncm, but those with torque <10Ncm also had good osseointegration [5]. A similar result was obtained when comparing implants inserted with low (<10 Ncm) and high (> 50 Ncm) torque. In both cases, they have good osseointegration [6].

However, it is thought that high torques can alter angiogenesis and the formation of new blood vessels. This would cause hypoxia in peri-implant tissues, which inhibits bone formation and this affects stability [2]. For this reason, it is advisable not to exceed torques of 50 Ncm. For the immediate loading protocol, the torque of 35 Ncm is considered optimal, although the range of insertion torques can vary from 15-150 Ncm [2]. High insertion torques (110 Ncm) do not cause bone necrosis and high torque is important to increase primary stability and for the immediate loading protocol [2]. We have not found any bibliography that refers to the non-dynamometric torque wrench as a cause of complications. A case is reported in which the use of a non-dynamometric torque wrench could be the cause of incomplete implant insertion.

CASE REPORT
This report presents a case of a woman, 73-year-old, who visited the dentist in March 2021 to oral rehabilitation due to the absence of teeth in the left mandibular area. For this reason, an orthopantomography was requested (fig1).

FIGURE 1: Orthopantomography before treatment.
Implant 34 was stable although it had bone loss, so it was decided to keep it. It was planned to insert implants in positions 35 and 36 with a delayed technique in the placement of the fixed prosthesis. Four periapical radiographs of the area were also taken from different angles (fig. 2) and a lower model of the mouth in plaster (fig. 3). Days before surgery, the entire procedure (oral and written) was explained to the patient, written informed consent was taken and antibiotic (amoxicillin/ac. clavulanate 500/125, every 8 hours) was recommended for prevention. On the day of surgery, a simple opening flap was performed, drills were used sequentially and a Galimplant IPX 4 x 10 implant (internal hex connection) (Sarria, Spain) was placed in position 35. A non-dynamometric torque wrench was used for its insertion, obtaining good primary stability. Then another Galimplant IPX 4.5 x 8 implant (internal hex connection) (Sarria, Spain) was placed in position 36, the data of which we will highlight below. Bone drilling was performed correctly in width and depth, however, insertion of the implant was difficult due to the hardness of the cortical bone. New drillings were made in the bone with insertion and removal of the implant on three occasions. On the third occasion, the implant was threaded to a depth of 7 mm. At that time, the dentist thought that with one more turn with the non-dynamometric torque wrench, the implant would be inserted at 8 mm as planned, however, it did not exceed 7 mm. At that time, the thread that the implant had carved into the bone was lost and it turns to one side and the other without advancing in depth, and neither could it be removed with reverse torque. However, the stability was good. The next day the patient had mild discomfort and swelling. In a review carried out a week later, she was already well.

**DICUSSION**

In dental implantology, there may be mechanical complications such as prosthesis screw loosening or fracture, porcelain or resin fracture, abutment screw loosening or fracture, and implant fracture [7-9]. This is due to material fatigue and/or corrosion [10], or due to lack of passive adaptation between the prosthesis and the implant. There may also be clinical complications of vascular type, nervous type, or invasion of the maxillary sinus [11-13]. Incomplete implant insertion is not a complication, but an unplanned inconvenience.

In FIGURE 5 we have five types of torque wrench to insert implants in the bone. With the non-dynamometric torque wrench (fig. 5a) there is no possibility of calculating the correct force to apply. It all depends on the experience of the dentist. In the case described, the dentist used that non-dynamometric torque wrench (fig. 5a) as it was the one that best suited the implant fixture mount. If the implant is not inserted into the bone with desired depth and pressure, it is possible to remove it, re-drill the bone and insert it again. And this as many times as necessary until it is in the correct position planned. In the case described, this was done on three occasions, but on the third, the implant could not be removed by doing reverse torque. The implant remained in the bone and rotated within it as if it had lost its thread. We believe this is due to the use of the non-dynamometric torque wrench. When the implant in position 36 had depths up to 7 mm, the dentist thought that one more turn of the non-dynamometric torque wrench would be enough to get it to 8 mm, but it was not. By not being able to calculate the force made with that non-dynamometric torque wrench, the dentist could have made an inappropriate force to reach those 8 mm of depth. At that time, the thread that the implant had carved into the bone was lost and it turns to one side and the other without advancing in depth, and neither could it be removed with reverse torque. However, the stability was good.

**FIGURE 2**: Periapical radiograph with 4 mm metal reference balls.

**FIGURE 3**: Lower model of the mouth in plaster.

**FIGURE 4**: Galimplant IPX 4 x 10 and 4.5 x 8 implants in positions 35 and 36 respectively.

**FIGURE 5**: Different types of torque wrenches. Non-dynamometric (a) and dynamometric (b, c, d, e).
According to previous authors, the torque range to apply is 15-150 Ncm, but this is a very wide range. Between 30-50 Ncm has been estimated as the most suitable, with 35 Ncm being the most optimal [2]. Torques higher than that can cause loss of the thread that the implant has carved into the bone. This causes the implant to rotate, but without advancing deep into the bone. With a non-dynamometric torque wrench, it is impossible to calculate whether the applied torque force is optimal. The mechanical resistance to the extraction of implants can vary depending on the type of bone or the substrate where they have been inserted [14,15]. It has been described that when the implants are left to integrate for 3 months (for the 2nd stage of surgery) if at that time 30 Ncm of reverse torque is applied and it does not move, it means that there is good osseointegration [16]. In the case described, with the non-dynamometric torque wrench it is not possible to calculate the amount of reverse torque applied. The implant was moving, but could not be removed. According to the authors, the minimum force that is done with digital torque (with the fingers) is between 2.18 +/- 1.05 Ncm and 7.51 +/- 2.52 Ncm [17]. The digital torque is as inaccurate as the non-dynamometric torque wrench. As the implant described did not move with the fingers, it must be considered that this implant was inserted with a torque greater than 10 Ncm.

We estimate that a dynamometric torque wrench should have been used during implant insertion (fig5, b-e), to provide adequate torque and not cause the loss of the thread that the implant had carved into the bone.

CONCLUSION

The use of a non-dynamometric torque wrench does not allow a precise insertion torque. If excessive torque is applied, the thread carved by the implant in the bone can be lost and this finally causes an incomplete insertion of the same.

REFERENCES


